

The Gazette

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Hello, Friends!

Observing the leaves changing and feeling the temperatures dropping, we prepare ourselves for the holidays – and for flu season. Prominent during October and November, it is imperative to know the basics of influenza, how it is spread, and how to keep yourself free from the flu.

As you are aware, both the elderly and anyone with chronic care conditions are at a higher risk of catching the flu. It can range from mild to severe cases including hospitalization or even death. The Centers for Disease Control (CDC) recommends that individuals get vaccinated each year to prevent the common types of flu.

At White House Healthcare and Rehabilitation Center, we pride ourselves in taking extensive measures to ensure that our residents are not infected with the flu virus. Our property is sanitized and cleaned thoroughly on a daily basis, we in-service the staff on preventative measures for infection control, flu shots are administered to both residents and staff, and visitors are reminded to wash their hands.

We take this matter very seriously as one sick individual could infect several residents.

On a different note, I am excited to share some of the upcoming activities we have in store for our residents and staff.

On behalf of the staff at White House Healthcare & Rehabilitation Center, I extend our warm wishes for a happy and healthy Holiday Season.



ELIEZER M. GROSSMAN, LNHA
ADMINISTRATOR



Adopt A Grandparent Program

CREATING MEANINGFUL ONE-ON-ONE RELATIONSHIPS

Beginning in 2012 the students of Seton Hall University have participated in the Adopt A Grandparent Program at White House. The program's mission is to create meaningful one-on-one relationships with our residents, improving the quality of life of participants – seniors and volunteers alike.

This program successfully bridges the gap between generations. Amanda Cavanaugh, Assistant Director of Division of Volunteer Efforts at Seton Hall, was a regular volunteer at White House during her

undergrad days. Profoundly impacted by the program, she went on to direct the program after graduating. "I always loved working with the elderly. Visiting on a consistent basis for over a year, I really got to know many of the White House residents well and appreciated their wisdom and humor", she remarked. "Students gain a lot from this program and I have a solid group signing up year after year."

Scheduled every Wednesday during each semester, these visits are one of the major highlights on our recreation calendar.

Annual Seton Hall University Senior Prom at White House

Scheduled this year for Friday, November 10th – our residents eagerly await this event and the students make sure everyone has a great time. Our partnership with Seton Hall University for the last 5 years has been a highly successful endeavor to the delight of all involved.

NOVEMBER: ALZHEIMER'S AWARENESS MONTH

An array of meaningful activities are planned for this month uniting White House residents and staff members as a "community". In support of "Going Purple for Alzheimer's Day" on November 15th, female residents will have manicures in different shades of purple. Residents and staff are invited to participate in the decoration of our day room with purple awareness ribbons and to dress up in purple clothing.





Did you know?

SPOTLIGHT ON: PEGGY'S LAW

Effective October 6, 2017 a new law protects residents of nursing homes and assisted living facilities from various forms of abuse.

This law provides additional protection by requiring the employees of the facility to notify the police within hours of the suspected abuse or to call 911 if the emergency involves an injury. It mandates that employees promptly contact local law enforcement officials if they suspect abuse, exploitation, or other criminal harm involving an elderly resident.

The law applies to all caretakers, social workers, physicians, nurses, and any other staff members.

Dubbed "Peggy's Law", it was signed into effect after a 93-year old woman died following injuries she suffered while under the care of a nursing home in 2010.

EVENTS & ACTIVITIES

NOVEMBER 1 – NOVEMBER 16: Manicures in every conceivable shade of purple in recognition of Alzheimer's Awareness Month

NOVEMBER 8: Alzheimer's Awareness Purple Ribbon & Craft Color Day

NOVEMBER 9: Entertainment with Steve Fuller

NOVEMBER 10: Seton Hall Senior Prom

NOVEMBER 14: Citadel of Hope Mission

NOVEMBER 15: Going Purple for Alzheimer's Social

NOVEMBER 21: Women's Club

NOVEMBER 23: Thanksgiving Service with Reverend Leora Liggins & Traditional Thanksgiving Dinner

NOVEMBER 27: Resident Council Meeting

NOVEMBER 28: Bingo Bazaar

NOVEMBER 29: Birthday Party with "To The Limit"

WHITE HOUSE ANNUAL ART SHOW

Congratulations To The Winning Artists



In October 2017 we held our Annual Art Show for both residents and staff members. This annual event allows residents and employees alike to display their creativity and artistic talents.

Organized by the Recreation Department headed by Ms. Pam Gray, the program teaches residents that no matter what they paint, there is intrinsic value and appreciation in their talents. The art is displayed for a month in the front lobby for all residents, staff, family and visitors to see.

This Year's Winners:

RESIDENTS

1st Place: Queen Granger

2nd Place: Reginald Samuels and Annie Hill

3rd Place: Giacomo Nanfria

EMPLOYEES

1st Place: Elba Mendez

2nd Place: Evelyn Romero

3rd Place: Hilda Matos



White House residents enjoying Bingo with Seton Hall University students