The Gazette WHITE HOUSE SUMMER 2017 VOLUME I



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Hello, Friends!

It is my great pleasure to introduce our inaugural newsletter. This is the first of many changes that are currently taking place at our facility. As you are all aware, we take great pride in the care and services that we provide. With this in mind, we look to broaden our horizons and enlighten those in our extended family of all the changes that are occurring.

Our Annual Elegant Dining was held this year on June 7th and I was thrilled to see so many residents participate. I want to express my gratitude to our Recreation Department led by Ms. Pamela Gray, our Dietary Department led by Ms. Marie Joseph, and all of the staff members who contributed to making this a successful event.

I would like to take this opportunity to once again thank our incredible staff who is more like family. Each and every single employee without hesitation gives 100% of themselves on a daily basis to the residents and families. I wish you all a safe and happy summer and look forward to future endeavors.

Eliazar Matroseman LNHA

ELIEZER M. GROSSMAN, LNHA **ADMINISTRATOR**



NEW AT WHITE HOUSE!

Antibiotic Stewardship Program

Implemented in June 2017 under the leadership of Infectious Disease Specialist Dr. Jihad Slim and our ADON, Adelle Anderson, the program's mission is to manage patients' infectious disease concerns while improving quality of care.

The Antibiotic Stewardship Program has already been implemented at various hospitals and facilities and has proven to increase the overall management of patients while decreasing the use of antibiotics in the excess of 20%. The optimization of antibiotic therapy selection will allow for improved patient management and a reduction in re-hospitalization.

In compliance with Centers for Medicare and Medicaid Services: "Highlights Pertaining to Antibiotic Stewardship in Long-Term Care Facilities."

NOTED & QUOTED

"Our mother is hearing impaired and the nursing staff took the time to explain everything they were doing for her. "

"Thank you for the care you provided to our mother. You have an outstanding staff, from the security at the front door to the housekeepers that keep your facility clean. Our mother is hearing impaired and the nursing staff took the time to explain everything they were doing for her. Your atmosphere is very pleasant. Your bedrooms are large and spacious and the hallways are always so bright and cheery."

- THE BERRY FAMILY



Did you know?

SPOTLIGHT ON: YOUR KNEES

- The knee is easily hurt since it bears the load of the whole body & is used in almost all our daily activities.
- If you are 20 pounds overweight, you are putting an additional 120 pounds of pressure on your knees.
- High heels throw your body forward and put 23% more pressure on your knees. Wear low heels, flats or sneakers if you plan to be on your feet all day.

Here at White House, our **Orthopedic Rehab Team** helps individuals recovering from joint replacement surgery relearn the skills they need to return home and back to the physical activities they love.

Our intensive rehab program follows CJR protocols, and includes designated milestones and goals with therapies offered up to 7 days a week.

200

JULY 4 & 19: Barbecues



JULY 13: Sing Along with Pete DeMaio



JULY 20: Women's Club



JULY 24: Resident Council



JULY 11 & 25: Citadel of Hope Mission



JULY 26: Walmart Shopping Trip



JULY 27: Birthday Party



JULY 28: Drama Club

AWARDS & ACHIEVEMENTS

White House congratulates Dr. Nicholas Guittari:

Nominated as one of the Top Doctors in New Jersey!



Dr. Guittari, our Long Term Care Medical Director, is beloved by staff and residents alike. His hands-on approach and full-time engagement with our residents on a personal and professional level is apparent from the moment you step into our facility.

In practice for a quarter of a century, Dr. Guittari chose to specialize in Geriatrics and Dementia after learning about the ravages of dementia first-hand when 3 of his 4 grandparents were diagnosed with Alzheimer's.

STAFF HIGHLIGHTS

Meet the newest members of our White House Family!



Anastasia Purification, RNUNIT MANAGER. 2 SOUTH

"At White House, the staff is a close-knit family. I am delighted to work in such a warm environment"



Marie Joseph, CDM CFPP FOOD SERVICE DIRECTOR

Marie is implementing dynamic changes and is excited to introduce Creole menu selections and "Soup of the Week" to our residents.